

711 Court A
Tacoma, WA 98402

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Olympic Psychology Services

Wellness Groups, Classes, Seminars, and Workshops

Our clinicians:

Dr. Lisa Hardebeck

Dr. Duncan Benjamin

Dr. Chris Engelmann

Dr. Lesley Hart

Dr. Kara Kellison

Dr. Louis
Nieuwenhuizen

Dr. Stacey Park

Dr. Megan Russell

Dr. David Slagle

Dr. Erin Tansill

Dr. Annette Tardif



Dungeons and Dialogues

*Learn to improve social
skills and better navigate
social situations.*

Grab your swords and get ready to have an adventure! This group is geared towards improving social skills, engaging in social interactions, and addressing social anxiety through the game of Dungeons and Dragons. The game is inherently social, and this group is designed to facilitate positive social engagement in a fun and natural way. Time will also be provided for the group to debrief and discuss each gaming session. This group is open to new and experienced D&D players.

Participants have a one-on-one initial meeting with the therapist, then the group is scheduled for 90-minute weekly sessions over a 12-week period.

Details:

Meeting days:

Time:

Location:

Group size:

Led by:

Cost:

**To register or
ask questions:**

Mondays, beginning 9/27/21

4:30 - 6:00pm

Olympic Psychology Services, [711 Court A, Tacoma, WA](http://www.olypsych.com)
South Suite Multipurpose Room

6 maximum

Dr. Chris Engelmann

\$850 for 13 weeks, including an initial one-on-one session
with the group facilitator

(health insurance will not cover any of these sessions)

Email Dr. Engelmann here: www.olypsych.com/email-psychologist