

Introduction to Developmental Differences

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Goals for Developmental Differences I

- Identify factors contributing to the presenting problem & design effective treatment for the developmental level of the client.
- Engage the client/ family in treatment through establishing attainable goals.
- Identify appropriate resources for client/family.

Part 1: Intellectual Disability, Giftedness, and Autism

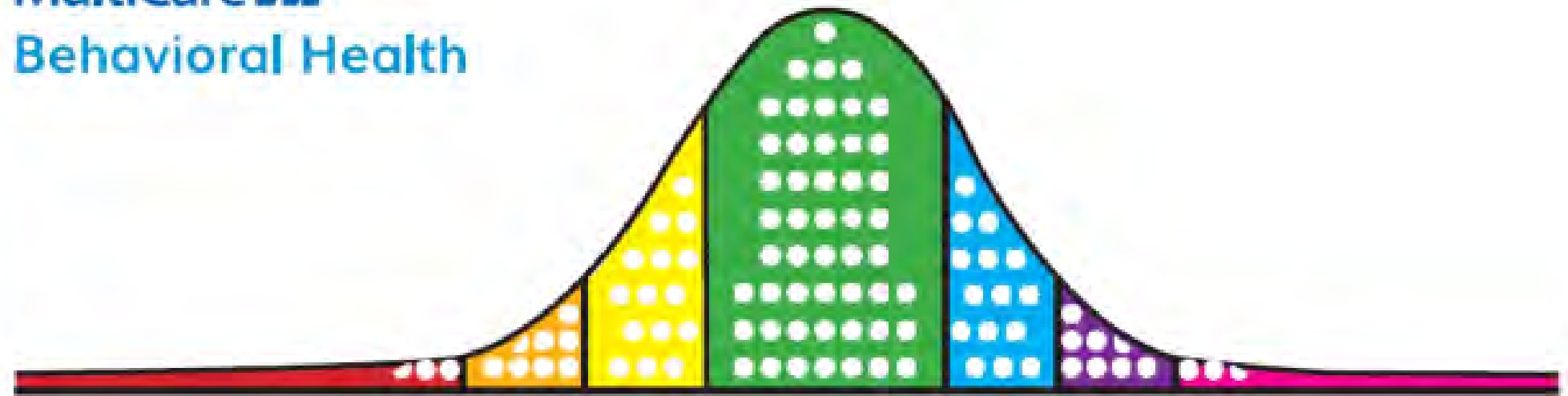
- Skills Deficits
 - I couldn't even if I wanted to
 - Addressed through skill building for client.
 - Psychoeducation for family / teachers/ community partners.
- Motivation
 - "I don't want to."
 - Addressed through behavior / rewards systems.
 - Typically used in school and work settings.

Part 2: Atypical Development

- Asynchronous development
- Reduce the value judgement from atypical development.
- Atypical development = Increased Risk for challenges.

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Descriptive Category	Lower Extreme	Well Below Average	Below Average	Average	Above Average	Well Above Average	Upper Extreme
Standard Score Range	69 and below	70-79	80-89	90-109	110-119	120-129	130 and above
Scale Score Range	1-3	4-5	6-7	8-11	12-13	14-15	16-19
Percentile Rank Range	2 and below	3-8	9-24	25-74	75-90	11-50	90 and above

Standard Deviation Range						
<55	55-69	70-84	85-114	115-129	130-144	145>
-3SD	-2SD	-1SD		+1SD	+2SD	+3SD

Figure 5.2 Graphic display of descriptive categories and corresponding percentages of individuals in each category.

A client's behavior in your office...

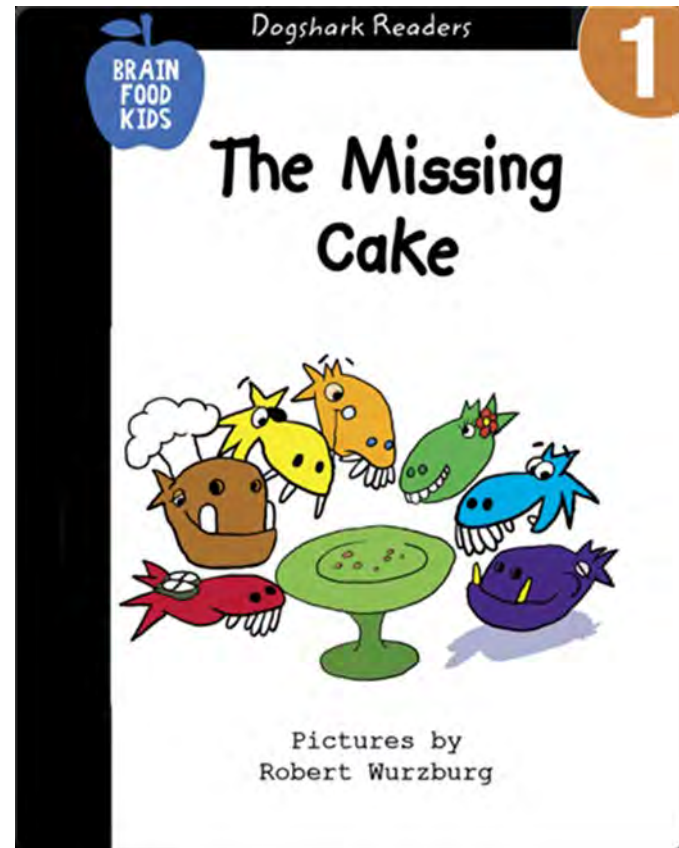


- ... is a window into his or her

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Part 3: Cognitive Development

- Stages of Development
- Magical (ages 3-7 years)
- Logical (ages 9-12 years)
- Abstract (ages 13+ years)



<https://www.instagram.com/reel/CioEZmir3Lk/?igshid=MDJmNzVkMjY=>

Part 4: Language Development

- Early stages of communication development
- Reciprocity in communication
- Language milestones as indicators of readiness for verbal interventions.



Part 5: Perspective Taking

- The ability to understand what's in my mind is not automatically in your mind!
- Developmental stages
- Difficulty understanding others' goals and opinions is at the root of many mental health issues.



Part 6: Social Emotional Development

- Review of stages from 0-3 years through adulthood.
- Relationship milestones.
- Typical anxieties.
- Research on screen time & implications for social emotional development.



Part 7: Accessing the Education System

- Process for qualifying for special education by age.
- Individual Education Plan (IEP)
504 plan



Part 8: Resources

- Focus on national and statewide programs.
- Intellectual Disability, Autism, Giftedness



Part 9: Resiliency and Empowerment of Families

- Impact of a developmental difference on the family system.
- Ambiguous loss.
- Creating a partnership with the family to build resilience and empowerment.



Part 10: Implementation in Therapy

- Review goals of the series
- Implementation
 - Intake
 - First therapy session
 - Ongoing therapy
- When we provide developmentally appropriate care...



Thank you!

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Tonya Kellerman, Ph.D.

Justine Saville

MultiCare Foundation

To access Introduction to Developmental Differences videos, please email:
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